

# Check out what your donation can do...

**\$50**

supports the  
micro-credit  
loan process

**\$77**

can provide one  
child breakfast  
for a school year

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**\$88**

can support one teen girls club member  
with reading and writing lessons for one  
year

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**\$77**

can establish one  
demonstration  
plot using Quality  
Protein Maize seed

**\$350**

can set-up one  
chlorine bank to  
maintain clean  
drinking water



[www.selfhelpinternational.org/donate](http://www.selfhelpinternational.org/donate)

## Can we count on your help?

This holiday season, your gift is more crucial than ever. Inflation rates in Ghana have skyrocketed to over 40% and are continuing to rise. Farmers worldwide are facing high input costs, storage issues and weather adversity. Self-Help's partnerships make a difference to people facing economic uncertainty by offering community leaders in Nicaragua and Ghana the resources and knowledge they need to make lasting and sustainable changes in their communities.

**PLEASE GIVE TODAY!**

### **Mail a check:**

Self-Help International  
207 20th Ave NW, Suite A, Waverly IA 50677

### **Give online at:**

[www.selfhelpinternational.org/donate](http://www.selfhelpinternational.org/donate)

### **Give by credit card, PayPal or Venmo:**

Call us at 319-352-4040



**207 20th Ave. NW  
Suite A  
Waverly, IA 50677**

**TAX ID: 42-0844679 - a nonprofit 501 (c)(3)**