



Forster, from Baazu, joined SHI Microcredit in 2024. As a mother of five, she juggles many responsibilities to support her family but faces limitations due to transportation challenges.

At the conclusion of Tour de Ghana 2025, Forster acquired one of the motorbikes through a microcredit loan from Self-Help International. It has helped her save money previously spent hiring expensive tricycles.

Forster now uses it to travel to markets and sell her grains, her husband uses it to fetch firewood, and her son transports charcoal for extra income.

This farming season, the tricycle will also make it easier to transport all her farm produce, reducing household stress and opening up new opportunities.