



Francisca, from Tuopare, is a trained caterer and trader, and a mother of three who joined Self-Help International in 2023. The high cost of hiring transport to move goods to the market significantly reduced her income.

Owning a tricycle had long been a dream for Francisca—and that dream has now become a reality.

At the conclusion of Tour de Ghana 2025, Francisca acquired one of the motorbikes through a microcredit loan from Self-Help International

With reliable transport, her business operations have become easier and more profitable. Her husband also uses the tricycle on market days to transport people and their goods between Han and Kani markets, creating an additional source of household income.

“This year, the savings and income from the tricycle will help me support my children’s education,” Francisca says. “I also hope to use it to build my own shop.”